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Anorexia Nervosa and Bulimia

Journal Articles and Books (in order by date)

"Anorexia Nervosa in Males." Peter Buckley, Aideen Freyne, and Noel Walsh. *Irish Journal of Psychological Medicine*. 8(1):15-18. March 1991.

"Eating Disorders." Jane Mitchell Rees. In *Encyclopedia of Human Biology*, Volume 3. Renato Dulbecco (Ed.). New York, NY: Academic Press Inc. 1991. pp. 243-250.

"The Clinical Course of Osteoporosis in Anorexia Nervosa: A Longitudinal Study of Cortical Bone Mass." Nancy A. Rigotti, Robert M. Neer, Steven J. Skates, David B. Herzog, and Samuel R. Nussbaum. *Journal of the American Medical Association*. 265(9):1133-1138. March 1991.

Eating Disorders. L. K. George Hus. New York, NY: The Guilford Press. 1990. 248 pp.

"Decreased Bone Density in Adolescent Girls with Anorexia Nervosa." Laura K. Bachrach, David Guido, Debra Katzman, Iris F. Litt, and Robert Marcus. *Pediatrics*, 86(3):440-447. September 1990.

"Medical Complications of Anorexia Nervosa and Bulimia Nervosa." George D. Comerchi. In *Adolescent Medicine*. James A. Farrow. (Ed.) The Medical Clinics of North America, 74(5): 1203-1310. September 1990. Philadelphia, PA: W. B. Saunders Company.

"Enteral Nutrition in Anorexia Nervosa." Giovanni Bufano, Carlotta Bellini, Gianfranco Cervellin, and Carlo Coscelli. *Journal of Parenteral and Enteral Nutrition*, 14(4):404-407. July/August 1990.

The resources listed are judged to be available and to contain accurate and readable nutrition information. Opinions expressed in the publications do not necessarily reflect the views of the U.S. Department of Agriculture. *Nutri-Topics* replaces the FNIC *Pathfinder* series and is issued in three editions: Consumer, Educator, and Health Professional/Researcher.

- "Gastrointestinal Symptoms in Anorexia Nervosa. A Prospective Study." Bruce D. Waldholtz and Arnold E. Andersen. *Gastroenterology*, 98(6):1415-1419. June 1990.
- "Dietary Intake and Dieting Practices of Bulimic and Non-Bulimic Female College Students." Geoffrey W. Greene, Cheryl Achterberg, Jeffrey Crumbaugh, and Jan Soper. *Journal of the American Dietetic Association*, 90(4):576-578. April 1990.
- "Changes in Dietary Patterns among Bulimic Women During Treatment." Geoffrey W. Greene and Sharon Hamilton. *Topics in Clinical Nutrition*, 5(1):47-56. January 1990.
- "Bulimia Nervosa and Dietary Restraint." Elise M. Rossiter, G. Terence Wilson, and Leonide Goldstein. *Behaviour Research and Therapy*, 27(4):465-468. 1989.
- "Current Perspectives on the Eating Disorders: I. History, Psychological and Biological Aspects." Alayne Yates. *Journal of the American Academy of Child and Adolescent Psychiatry*, 28(6):813-828. 1989.
- "Disordered Eating in Southwestern Pueblo Indians and Hispanics." Janeanne T. Snow and Mary B. Harris. *Journal of Adolescence*, 12:329-336. 1989.
- "Eating Behavior in Bulimia." B. Timothy Walsh, Harry R. Kissileff, and Colleen M. Hadigan. *Annals of the New York Academy of Sciences*, 575:446-455. 1989.
- "Hunger and Satiety in Anorexia and Bulimia Nervosa." Katherine A. Halmi, Suzanne Sunday, Angela Puglisi, and Peggy Marchi. *Annals of the New York Academy of Sciences*, 575:431-445. 1989.
- "The Stomach's Role in Appetite Regulation of Bulimia." Allan Geliebter, Pamela M. Melton, Donna Roberts, Richard S. McCray, Dennis Gage, and Sami A. Hashim. *Annals of the New York Academy of Sciences*, 575:512-513. 1989.
- "Energy Expenditure Economy Induced by Decrease in Lean Body Mass in Anorexia Nervosa. J.C. Melchior, D. Rigaud, R. Rozen, D. Malon, and M. Apfelbaum. *European Journal of Clinical Nutrition*, 43(11):793-799. November 1989.
- "Black and White Adolescents' Perceptions of Their Weight." Sharon M. Desmond, James H. Price, Christopher Hallinan, and Daisy Smith. *Journal of School Health*, 59(8):353-358. October 1989.
- "Patterns of Food Selection During Meals in Women with Bulimia." Colleen M. Hadigan, Harry R. Kissileff, and B. Timothy Walsh. *American Journal of Clinical Nutrition*, 50(4):759-766. October 1989.

- "Bulimia Nervosa and Resting Metabolic Rate." Sanda M. Bennett, Donald A. Williamson, and Scott K. Powers. *The International Journal of Eating Disorders*, 8(4):417-424. July 1989.
- "Anorexia Nervosa, Athletics, and Amenorrhea." M. Joan Mansfield and S. Jean Emans. *Pediatric Clinical North American*, 36(3):533-549. June 1989.
- "The Impact of Pregnancy on Anorexia Nervosa and Bulimia." Raymond Lemberg and Jeanne Phillips. *The International Journal of Eating Disorders*, 8(3):285-295. May 1989.
- "Treatment Refusal in Anorexia Nervosa." Elliot Goldner. *The International Journal of Eating Disorders*, 8(3):297-306. May 1989.
- "The Impact of Treatment on Meal Patterns in Patients with Bulimia Nervosa." James Mitchell, Linda Fletcher, Richard Pyle, Elke Eckert, Dorothy Hatsukami, and Claire Pomeroy. *The International Journal of Eating Disorders*, 3(2):167-172. March 1989.
- "Patients Admitted to Hospital with Anorexia Nervosa and Bulimia Nervosa: Psychopathology, Weight Gain, and Attitudes Toward Treatment." Sidney H. Kennedy and P.E. Garfinkel. *The International Journal of Eating Disorders*, 8(2):181-190. March 1989.
- "Gastrointestinal Transit is Delayed in Patients with Bulimia." Stefan Lautenbacher, Guenther Galfe, Rupert Hoelzl, and Karl-Martin Pirke. *The International Journal of Eating Disorders*, 8(2):203-208. March 1989.
- "The Bulimia Test: Factor Structure in Junior High School, High School, and College Women." David M. Stein and Sally R. Brinza. *The International Journal of Eating Disorders*, 8(2):225-230. March 1989.
- "Decreased Caloric Intake in Normal-Weight Patients with Bulimia: Comparison with Female Volunteers." Harry E. Gwitsman, Walter H. Kaye, Eva Obarzanek, David T. George, David C. Jimerson, and Michael H. Ebert. *American Journal of Clinical Nutrition*, 49(1):86-92. January 1989.
- "Family Environment in Anorexia Nervosa and Bulimia." Stephen L. Stern, Katherine N. Dixon, David Jones, Marla Lake, Elaine Nemzer, and Randy Sansone. *The International Journal of Eating Disorders*, 8(1):25-31. January 1989.
- "Energy Intake and Dietary Macronutrient Content in Women with Anorexia Nervosa and Volunteers." Harry E. Gwitsman, Walter H. Kaye, Suzanne Richardson Curtis, and Lauren McIntosh Lyter. *Journal of the American Dietetic Association*, 89(1):54-57. January 1989.

- “Bulimia and Diabetes: Distinct Psychosocial Profiles.” Arthur G. Blouin, Tamara Bushnik, and Jan Braaten, Jane H. Blouin. *The International Journal of Eating Disorders*, 8(1):93-100. January 1989.
- “Social Class and Prognosis in Anorexia Nervosa.” Simon Gowers and John B. McMahon. *The International Journal of Eating Disorders*, 8(1):105-109. January 1989.
- “Appetite Regulation in Anorexia Nervosa.” Katherine A. Halmi. *Current Concepts in Nutrition*, 16:125-135, 1988.
- “Appetite Regulation in Bulimia.” B. Timothy Walsh. *Current Concepts in Nutrition*, 16:137-149, 1988.
- “Early Manifestations of Eating Disorders in Adolescents: Defining Those at Risk.” Lucy B. Adams and Mary-Ann B. Shafer. *Journal of Nutrition Education*, 20(6):307-313. December, 1988.
- “Energy Expenditure and Body Composition in Patients with Anorexia Nervosa.” Nachum Vaisman, Miriam F. Rossi, Eudice Goldberg, Lionel J. Dibden, Linda J. Wykers, and Paul B. Pencharz. *The Journal of Pediatrics*, 113(5):919-924. November 1988.
- “Changes in Body Composition During Refeeding of Patients with Anorexia Nervosa.” Nachum Vaisman, Mary Corey, Miriam F. Rossi, Eudice Goldberg, and Paul Pencharz. *The Journal of Pediatrics*, 113(5):925-929. November 1988.
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- “Relative Importance of Calorie Intake Needed to Gain Weight and Level of Physical Activity in Anorexia Nervosa.” Walter H. Kaye, Harry E. Gwirtsman, Eva Obarzanek, and David T. George. *American Journal of Clinical Nutrition*, 47(6):989-994. June 1988.
- “Anorexia Nervosa: Psychological Considerations for Nutrition Counseling.” Sharon A. Omizo and Ethel Aiko Oda. *Journal of the American Dietetic Association*, 88(1):49-51. January 1988.
- “Position of the American Dietetic Association: Nutrition Intervention in the Treatment of Anorexia Nervosa and Bulimia Nervosa-Technical Support Paper.” *Journal of the American Dietetic Association*, 88(1):69-71. January 1988.
- “The Prevalence of Bulimia in a Black College Population.” James J. Gray, Kathryn Ford, and Lily M. Kelly. *The International Journal of Eating Disorders*, 6(6):733-740. November 1987.

"Zinc Deficiency in Anorexia Nervosa." Rebecca L. Katz, Carl L. Keen, Iris F. Litt, Lucille S. Hurley, Kathleen M. Kellams-Harrison, and Laurie J. Glader. *Journal of Adolescent Health Care*, 8(5):400-406. September 1987.

"Assessing Treatment Outcome in Bulimia Nervosa: A Methodological Note." G. Terence Wilson. *The International Journal of Eating Disorders*, 6(3):339-348. May 1987.

Contacts for Assistance

Local Contacts (Listed in the telephone directory)

Ask for the:

Health Department (city, county, state) Nutritionist
Hospital Registered Dietitian
Nutrition Consultant Registered Dietitian

National Contacts

American Anorexia/Bulimia Association, Inc. 418 East 76th Street, New York, NY 10021.
(212) 734-1114.

Anorexia Nervosa and Related Eating Disorders, P.O. Box 5102, Eugene, OR 97405.
(503) 344-1144.

Food and Nutrition Information Center, National Agricultural Library, U.S.D.A., Room
304, Beltsville, MD 20705-2351. (301) 344-3719.

International Association of Eating Disorders Professionals, 34213 Coast Highway, Suite E,
Dana Point, CA 92629. (714) 248-1150.

International Center for Sports Nutrition, 502 South 44th Street, Suite 3012, Omaha, NE
68015. (402) 559-5505.

National Association of Anorexia Nervosa and Associated Disorders, Box 7 Highland Park,
IL 60035. (708) 831-3438.

National Center for Education in Maternal and Child Health, 38th & R Streets N.W.,
Washington, DC 20057. (202) 625-8400.

National Center for Nutrition and Dietetics, The American Dietetic Association, 216 West
Jackson Boulevard, Suite 800, Chicago, IL 60606-5995. (312) 899-0040, extension
4853.

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